

# Top 10 Nasal Cannula Positions for Optimizing Oxygenation and Comfort

After extensive research and data from GomerBlog fans and experts, we elected to perform a systemic review for the top positions for nasal cannula placement on patients. Our research stemmed from the outstanding research from the recently published article [Study Shows Oxygen Less Functional When Nasal Cannula Worn As Headband](#). We dove in to find out how nasal cannulas are actually being used along with potential reasons. More nasal cannula studies are needed to fully understand why nasal cannulas are being used in different manners and what their exact effectiveness for oxygenation is.

## Top 10 Nasal Cannula Positions



- Intranasal, bilateral - rarest
- Intranasal, unilateral
- Intraoral - for “mouth breathers”
- Necklace oxygenation - for those fashion oriented patients
- Otic and earlobe - for ocean sounds
- Forehead band - for cooling off
- Chin strap - safer for smoking
- Intraocular - “glaucoma test”
- Bridge of nose, between eyeballs for that Jordy from Star Trek look
- Bedrail, Floor, or disconnected tubing for room oxygenation

