

A Growing Trend with Men, Vasectomy Procedure Plans

CHICAGO, IL - Recently a new trend has been spreading like wildfires throughout urology and family medicine clinics in the US...*Vasectomy Procedure Plans*. Many men seeking sterility are taking the advice from numerous pregnant women who develop extensive and thorough birth plans that spell out every last detail of their birthing experience.

GomerBlog recently interviewed Jeremy Brinkenship who was about to get a vasectomy and he wanted it to be a magical and unforgettable experience. Jeremy is also requesting a “delayed vas clamping” which seems to be the new popular thing to do.

“Well, I got the idea from my wife who had a 3 page birth plan for our son,” stated Brinkenship. “If she can create a beautiful experience for her delivery, why can’t I for my intimate procedure? Unfortunately her plan went to all hell and we ended up having a crash section and thank goodness her anesthesiologist was able to place an emergent IV since she had refused one, but the concept of the birth plan is what really got me thinking.”

He typed up his vasectomy plan and handed it to his physician. Check it out below:

My Vasectomy Procedure Plan

1. I would prefer peaceful music to be playing to create a positive energy in the room for my procedure. Enya and Kenny G would be my top choices.
2. I would prefer to be the first person to speak once my vas is removed, so that I can personally thank it, even though it no longer brings me joy.
3. I am electing to use medications prior to my procedure make this experience more pleasant. I would like [REDACTED] to be in the room to help make sure I stick to my pain management plan.
4. I would prefer the lights to be dimmed to help me maintain my focus and breathing
5. I want delayed clamping of my vas
6. I would like to take my vasa in order to bury them and return them to Mother Earth.
7. I would prefer my skin prep to be done with all-natural essential oils and water that has been cleansed with positive qi
8. I would prefer a Himalayan salt lamp to be in the room to aide in purifying the air

Thank you

Jeremy is not alone in his quest for the perfect vasectomy experience as numerous other men are typing up their own vasectomy plans. Some physicians are already noticing many vasectomies are ending up with crash general anesthesia with large scrotal scars, but it is probably just a coincidence at this time.

Other ideas that are propagating include vasectomy doulas, large infusions of vitamin C, underwater vasectomies with scuba gear, and dipping of the cut vas in essential oils and lathering it over your chest.